

**Another Event to Consider**



# Hike, Paddle or Ride for State Parks

A Benefit for

## Stewards of the Coast & Redwoods

September Events are in Partnership with  
"The Russian River Celebration"

[www.russianrivercelebration.org](http://www.russianrivercelebration.org)

### Naturalist Led Events: June through September '05



**Russian River Paddle from Jenner:** Sat., 6/25, 9 am and Sat., 9/17, 9 am

Paddle the Russian River estuary and/or to the osprey and blue heron nesting area and back. (Kayak rental referrals available upon request - additional \$40 fee)



#### Hikes at Sonoma Coast State Beach:

Willow Creek History and Restoration Sat., 6/11 and Sun., 9/11, 10:00 am to 1:00 pm

Mammoth Rock Archeology Sat., 7/2 and 8/13, 9 am to 12:30 pm

Red Hill on Sonoma Coast Sat., 7/30, 9 am to 12:30 pm

#### Hike at Armstrong Redwoods State Reserve:

Armstrong Grove Redwood Ecology Sat., 8/6, 9 -10:30am



#### Equestrian Ride at Armstrong Redwoods/Fife Creek Watershed:

Pool Ridge Trail ride through redwoods, woodlands and up to a ridgetop view.

Sun., 7/10, 10 am -1:30 pm, Wed., 9/14, 10 am - 1:30 pm, Bring water and snacks

(Call for details- Horse rental required for an additional \$60 fee)



#### Willow Creek Mtn. Bike Ride: (Strenuous) Sat., 7/9, 8:30 am to 12:30 pm

Meet in Duncans Mills for an invigorating ride up to 1400' for expansive vistas overlooking the Willow Creek watershed. Bring water, wear a helmet, and be experienced.

**\$15 donation/person per event**

**Registration required**



**Benefits the Preservation of Russian River State Parks  
through Education and Restoration**

For details call (707) 869-9177, email: [stewards@mcn.org](mailto:stewards@mcn.org)  
or visit our website [www.stewardsofthecoastandredwoods.org](http://www.stewardsofthecoastandredwoods.org)





# Hike, Paddle or Ride for State Parks

Preservation Through Education and Restoration



## Information and Registration Form



★ Fill out the registration form at the bottom of the page and return it with the registration donations. Cash, Checks and Credit Cards accepted.

★ Registration information and donations **must be received prior to the events.**

Mail: PO Box 2, Duncans Mills, CA 95430

Email: [stewards@mcn.org](mailto:stewards@mcn.org)

Fax: (707) 869-8252

[www.stewardsofthecoastandredwoods.org](http://www.stewardsofthecoastandredwoods.org)

Deliver to: Stewards office (call for directions)

### Naturalist Led Events: (Group sizes may be limited so register early)

- Sat., June 25, 2005** **Russian River Paddle from Jenner** (Easy-Moderate), Add'l \$40 fee for kayak rental.
- Sat., Sept. 17, 2005** View numerous water fowl, river otters, harbor seals, blue heron and osprey nesting areas.  
9:00 am Paddle just the estuary and/or to and from the nesting areas and back.
- Sat, June 11, 2005** **Willow Creek History and Restoration Hike** (Easy) Meet on Willow Creek Road in Jenner by  
**Sun. Sept. 11, 2005** 1st bridge and enjoy a leisurely hike from 1st bridge to 3rd bridge and back again. Learn about  
10 am - 1 pm the cultural history and natural resources as well as the efforts to restore this significant  
watershed as a viable fishery. Bring a snack and water.
- Sat., Aug. 6, 2005** **Armstrong Redwoods Grove Hike** (Easy) 1.5 mile walk through Sonoma County's old growth  
9 am -10:30 am redwood giants. Come experience the Armstrong and Icicle trees in their native habitat within  
Armstrong Redwoods State Reserve. Meet in the front parking lot.
- Sat., July 9, 2005** **Willow Creek Mountain Bike Ride** (Strenuous) Meet in Duncans Mills for an invigorating  
8:30 am-12:30 am ride up to 1400 feet and enjoy views of the Willow Creek watershed. Bring water and helmet.
- Sun., July 10, 2005** **Armstrong/Fife Creek Equestrian Ride** (Moderate) Pool Ridge Trail ride through the redwoods,  
**Wed., Sept.14, 2005** oak woodlands and up to an expansive ridgetop view of the watershed. Additional \$60 fee for  
10 am - 1:30 pm horse rental required. Space limited, no one under ten or over 200 lbs.
- Sat., July 2, 2005** **Coastal Trail Mammoth Rocks Hike** (Easy) Meet at Shell Beach on Sonoma Coast State  
**Sat., Aug. 13, 2005** Beach for a wonderful hike along the Kortum Trail to the mammoth rocks. Learn about this  
9 am - 12:30 pm fascinating archeological find from State Park Archeologist Breck Parkman.
- Sat., July 30, 2005** **Sonoma Coast Red Hill Hike** (Strenuous) Join Stewards' naturalists to learn about the flora,  
9 am - 12:30 pm fauna, and enjoy spectacular coastal views. Meet at Shell Beach parking lot.

### Hike, Paddle or Ride for State Parks Registration Form - Must be received before events.

Name(s) \_\_\_\_\_ Phone \_\_\_\_\_

Address, City, State Zip \_\_\_\_\_

Email: \_\_\_\_\_

I (We) would like to sign up for the naturalist led event(s) checked below.

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Willow Cr. History Hike 6/11   | <input type="checkbox"/> RR Paddle from Jenner 6/25      | <input type="checkbox"/> Coastal Trail Mammoth Hike 7/2  |
| <input type="checkbox"/> Willow Cr. Mtn. Bike Ride 7/9  | <input type="checkbox"/> Armstrong Equestrian Ride 7/10  | <input type="checkbox"/> Sonoma Coast Red Hill Hike 7/30 |
| <input type="checkbox"/> Armstrong Grove Hike 8/6       | <input type="checkbox"/> Coastal Trail Mammoth Hike 8/13 | <input type="checkbox"/> Willow Cr. Watershed Hike 9/11  |
| <input type="checkbox"/> Armstrong Equestrian Ride 9/14 | <input type="checkbox"/> RR Paddle from Jenner 9/17      |  |

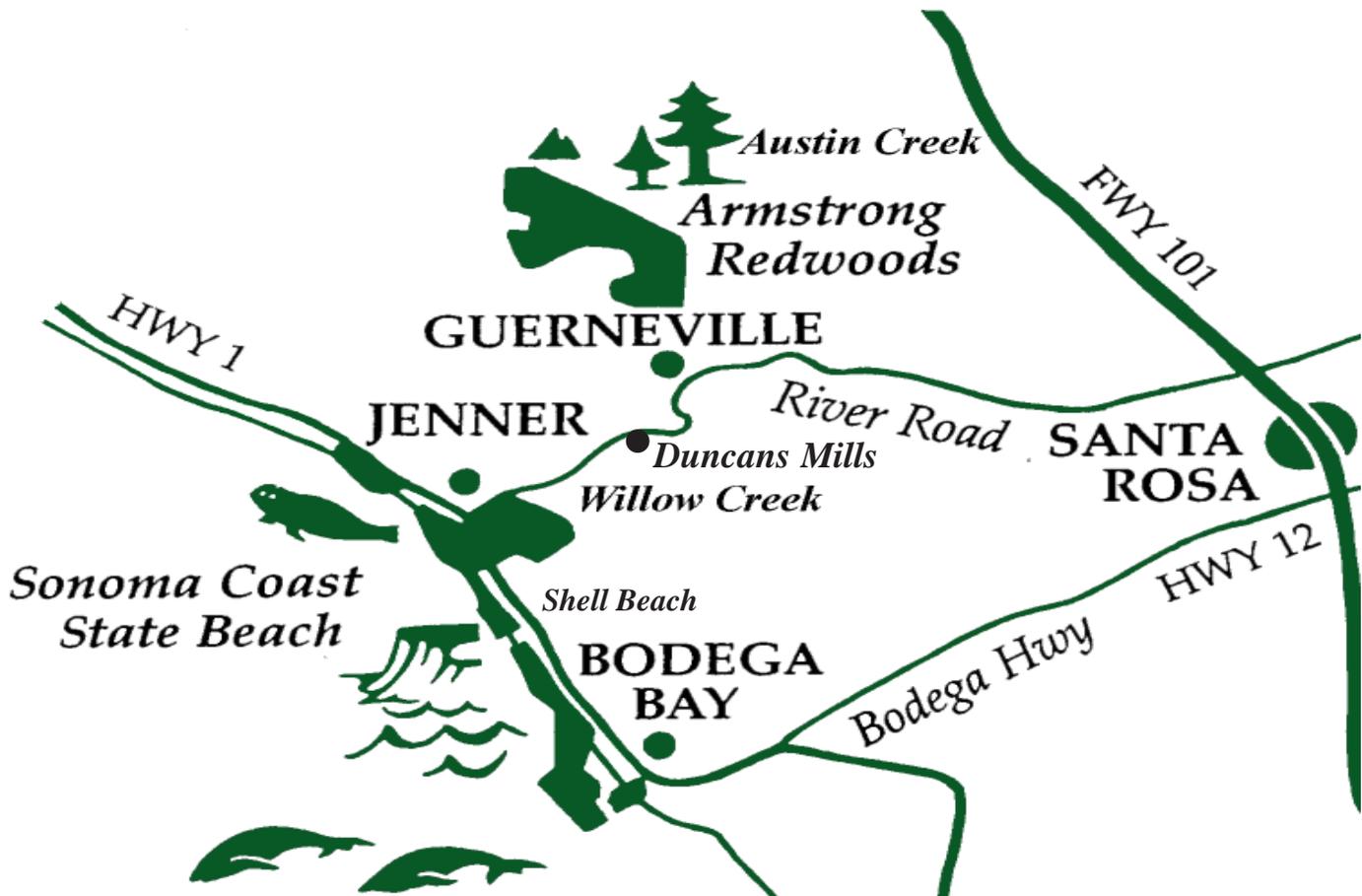
Registration Donation(s) \$15 per person per event # \_\_\_\_\_ X\$15 Add'l Donation \$ \_\_\_\_\_ Total \$ \_\_\_\_\_

Registration donations are 100% tax deductible.  I can't participate. Please accept my Donation \$ \_\_\_\_\_

Make checks payable to: Stewards Visa or MC accepted

Credit Card # \_\_\_\_\_ Exp.Date \_\_\_\_\_ Signature \_\_\_\_\_

# How to Get There



**Armstrong Redwoods State Reserve:** Take Highway 101 north of San Francisco. Exit at River Road in northern Santa Rosa. Take River Road west to Guerneville. Make a right turn at Armstrong Woods Road, which deadends at the Park entrance.

**The Armstrong Grove Hike** leaves from the front parking lot.

**The Equestrian rides leave from the Pack Station**, which is 1 mile into the Park. Follow “Horses for Hire” signs (left fork), turn onto the dirt road by the Armstrong Tree. Drive 1/2 mile past “Authorized Vehicles only” sign.

**Duncans Mills:** Continue west past Guerneville where River Road becomes Highway 116, pass Monte Rio and follow the signs to Jenner. **Mountain Bike Ride parking** will be near the State Park Sector Office on the south side of the road.

**Jenner:** For the **paddle** continue west on Highway 116 from Duncans Mills to Jenner. Follow the signs for parking and unloading your kayak or canoe if you bring one.

**Willow Creek Watershed:** Instead of going right to Jenner when you get to Highway 1, go left over the bridge and make the first left onto Willow Creek Road. Travel about 1/2 mile to the first bridge. Parking will be indicated by signage.

**Sonoma Coast State Beach:** Continue south on Highway 1. Shell Beach will be just south of Goat Rock. **The Shell Beach parking lot is where both the Coastal Trail Mammoth Hike and the Red Hill Hike will begin.**